



Sir Thomas Allen Centre

Contact us

To find out more call 0191 522 1310 or email essenceservice@ageuksunderland.org.uk

Or pop in to the Essence Service centre, at the Sir Thomas Allen Centre, Mill Hill Road, Doxford Park, Sunderland, SR3 2ND

Details about the Essence Service are also available on our website www.essenceservice.org.uk and Twitter / Facebook.



SundEssenceService



Essence Service Sunderland – new

prfncentre (0191) 666 5126



Essence Service

Sunderland's Dementia Hub

Supporting people in the early stages of dementia and their carers



Is someone close to you living with dementia?

What support is available for you if someone close to you has mild to moderate dementia?

- Information, advice and guidance
- Understanding Dementia awareness courses
- Activities and peer support
- Someone to talk things over with



The Essence Service supports people in the early stages of dementia and their friends and family.

We realise the impact a diagnosis can have on loved ones.

What people like about the Essence Service

We asked people who are close to someone living with dementia what they like about the Essence Service:

“You feel at home with the staff. They come to talk to you. You can tell them your troubles.”

“Everyone is very helpful and I could not be more happy about the service.”

“We are so happy with the service, we could not wish for better, they helped us in all ways when we needed it and they are still helping us.”

“Essence is a ‘one-stop shop’ which is ideal when trying to support a carer and a ‘cared for’, which is my situation, as I work full time as well. I like that they contact me regularly as well, as I feel supported, which is important.”